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Date: 16 May 2011



NEWS RELEASE NEWS RELEASE NEWS RELEASE

## **FAMILIES FIND THEIR PASSION FOR ORIENTEERING**

FAMILIES are invited to discover their passion for orienteering this month by navigating their way around Bramcote Hills Park at two introductory fun sessions.

Broxtowe Borough Council and Nottinghamshire Orienteering Club will host two orienteering family fun nights on Thursday 19<sup>th</sup> and 26<sup>th</sup> May between 6.30pm and 8.00pm.

Both sessions promise to get the whole family up and active with a host of exciting games for people of all ages and abilities, as well as those simply looking to become more active.

The taster sessions, which focus on fun and fitness rather than serious competition, offer an ideal opportunity for the whole family to try orienteering for the first time whilst having fun and meeting new people along the way.

Both family fun sessions aim to introduce the sport of orienteering and encourage families to continue their interest at a host of weekly Nottinghamshire Orienteering Club sessions available throughout the year.

Admission to each family fun session costs just £3.00 per family. Participants are advised to wear comfortable clothing and trainers and meet in the main car park at Bramcote Hills Park.

For more information, please contact Broxtowe Borough Council on 0115 917 3572, email <a href="mailto:sport@broxtowe.gov.uk">sport@broxtowe.gov.uk</a> or visit <a href="mailto:swww.broxtowe.gov.uk/sport4me">www.broxtowe.gov.uk/sport4me</a> Cont/...



## **Notes to the Editor**

If you require further information regarding this press release, please do not hesitate to contact Jackie Harwood on 0115 917 3743 or email <a href="mailto:jackie.harwood@broxtowe.gov.uk">jackie.harwood@broxtowe.gov.uk</a>

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